



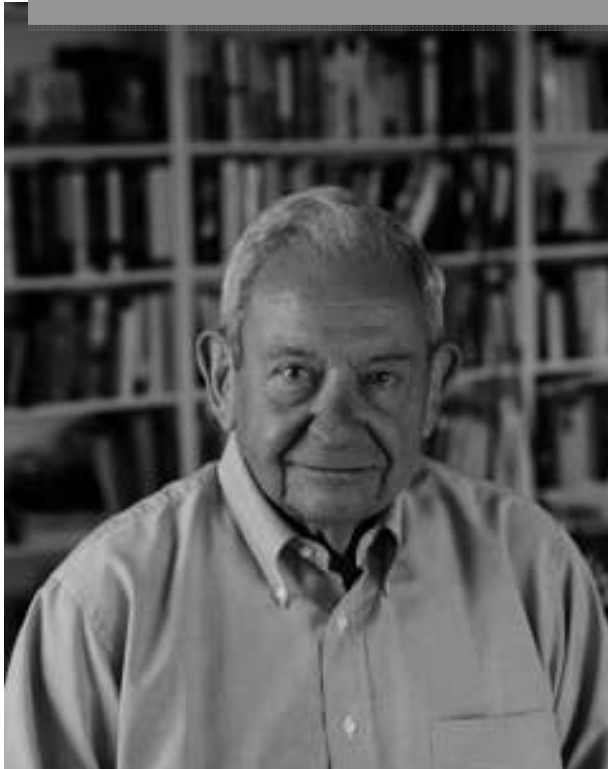
# ESI COLLEGE

Course Listings – Winter, 2012

January 3 – March 28

Visit us at: [www.elderlyservices.org](http://www.elderlyservices.org)

112 Exchange Street, Middlebury, Vermont 05753



## ***Seminar & Lunch at the Waybury Inn!***

### ***The World We Face – in 2012 and Beyond***

Wednesday, January 25, 11:00am – 1:00pm

\$25 includes seminar and noon dinner

Location:

Waybury Inn, Route 125, East Middlebury

America's positioning in our new globalized world is changing rapidly, requiring redefinition of our key positions and the means we choose to achieve them. We will consider and discuss these growing challenges American will confront in the years ahead and what the country might want to do to meet them.

**Instructor:** In **George Jaeger's** career as an American Diplomat during the Cold War and beyond, he sat on the President's Advisory Committee on Arms Control and Disarmament, was a Senior Negotiator, a Consul General, and the Deputy Assistant Secretary General of NATO. In retirement, he enjoys consulting and lecturing on foreign affairs.

ESI College offers lifelong learning for independent individuals ages 60 and over. If you need personal assistance, please call us about educational and social activities at Project Independence.

## ❖ For music lovers

### *Mozart and Fauré Requiems in Concert*

Time: 1:00pm – 2:30pm  
Dates: Tuesdays: January 3, 10, 17, 24  
Cost: \$80 (Course only. Field trip is separate.)  
Location: Elderly Services



We will enjoy the moving music of two great requiems, examining the pieces in detail and studying the inside workings of a symphony orchestra and chorus.

The classroom course will culminate in a field trip to a performance of these two requiems by the Vermont Symphony Chorus and Orchestra at the Paramount Theater in Rutland. Instructor Shedd will be a member of the chorus. See below.

**Instructor: Jerry Shedd** is a retired music teacher, co-conductor of the Middlebury Community Wind Ensemble, and member of the Vermont Symphony Orchestra Chorus. He has conducted local theater productions, and has taught ESI courses in playing the recorder, Wagner music dramas, and Mahler symphonies.

### *Concert Field Trip* (⇒ must register by January 16 ⇐)

Time: 2:30pm – 7:00pm  
Date: Sunday, January 29, 2012  
Cost: \$40 (orchestra seat ticket and transportation)  
Location: Van leaves from Elderly Services.  
Concert in Rutland at the Paramount Theater.

### *Computer Tutorials in Your Home*

Time: Call Jeff at 989-7355 to schedule  
Cost: \$40.00 each hour-long tutorial  
Location: Your home

Not sure how to use your new computer? Had a computer for a while and want to learn more about it? A tutorial in your home might be just the thing for you!

**Instructor: Jeff Rebach** recently retired from Middlebury College, where he worked in Library Services and Technology for 29 years. Jeff has taught Introductory Computer classes for ESI College and now offers one-on-one instruction on your own home computer.



## ❖ **Feel good this winter!**

### *Happiness*

Time: 8:30am – 10:00am  
Dates: *Wednesdays: January 4, 11, 18, 25*  
Cost: \$80  
Location: Elderly Services



This course will explore what the discipline of psychology can teach us about living meaningful and fulfilling lives. Can money buy happiness? Can one grow from suffering? Is it possible to make oneself happier, and if so, what can one *do*?

**Instructor: Matthew Kimble** is an Associate Professor in the Psychology Department at Middlebury College, where he teaches courses in Introductory Psychology, Psychological Disorders, Psychological Trauma, and Happiness. He received his doctorate at Boston University.

## ❖ **Like politics?**

### *The Art of Governing*

Time: 1:00pm - 2:30pm  
Dates: *Fridays: January 6, 20... February 3, 17*  
Cost: \$80  
Location: Elderly Services



Vermont's political landscape is unique. How did some of its political traditions come about? How does our state government operate? How does it differ from other areas? From Vermont's historical roots to the contemporary political scene, we'll delve into some of the challenges facing public officials then and now.

**Instructor: Gov. Jim Douglas** has been serving the people of Vermont for over 35 years, most notably as its 80<sup>th</sup> governor. Re-elected three times to that office, and sitting in numerous others, his well of "war stories" is deep!

## ❖ Our physical world

### *Vermont's Geological Landscape: From Mountain Building to Recent Floods*

Time: 10:00am – 11:30am  
Dates: Mondays: January 9, 16, 23, 30... Feb. 6  
Cost: \$100  
Location: Elderly Services



Formed hundreds of millions of years ago, the rocks, hills, valleys, rivers, and lakes of Vermont affect the intersection of geology and modern society in potent ways; among them, the magnitude of recent flooding from tropical storm Irene, and groundwater with elevated levels of toxic trace elements. Come explore how our geological history and our rich array of natural resources shape our daily lives.

**Instructor: Peter Ryan** is Professor of Geology and Environmental Studies at Middlebury College where he teaches courses in Hydrology, Environmental Geochemistry, Environmental Science, and Sedimentary Geology. He received his doctorate at Dartmouth College in 1994.

## ❖ Inside the military

### *Tales of an Army Paymaster*

Time: 10:00am - 11:30am  
Dates: Tuesdays: January 10, 17, 24  
February 7, 14  
Cost: \$100  
Location: Elderly Services



Experience key world events of the last 50 years as lived by an Army Paymaster. Discussions will take you to leaders and locations around the world as you learn interesting and little-known facts about our Army and how it finances all it does.

**Instructor: Hank Neill's** military career of 27 years took him to more than 40 countries, first as a cryptographer with the Army Security Agency and later as Chief of the Army Finance Corps. Since then, he has worked with both U.S. Military and U.S. Treasury operations worldwide.

## ❖ **New York Times Bestseller!**

### *The Hare with the Amber Eyes - A Book Discussion*

Time: 10:00am – 11:30am  
Dates: *Wednesdays: February 8, 22*  
Cost: \$50 (includes book)  
Location: Elderly Services



Enjoy a two-session book club as we read and discuss Edward de Waal's acclaimed bestseller. The book uses a collection of netsuke (miniature Japanese sculptures) as the thread around which we read of a family's history over more than a century.

⇒ *Please register early. Books will be provided. Students should read the Prologue, Part 1 (Paris) and Part 2 (Vienna) prior to the first class on February 8.*

**Instructor: Nick Clifford** taught History for 30 years at Middlebury College, where he also served 8 years as Provost. Nick received his doctorate at Harvard University in 1961.

## ❖ **History of education**

### *Early Schools in Addison County*

Time: 10:00am - 11:30am  
Dates: *Thursdays: February 9, 16, 23*  
Cost: \$60  
Location: Elderly Services



There are 43 schools built prior to 1855 that are still standing in Addison County. In this course, we will study the architecture of one-room schoolhouses. We will explore what life was like inside the one-room school, how early settlers viewed education of their youngsters, and the history of early schooling.

**Instructor: Natalie Peters** received her own education in Iowa public schools, at Carleton College (MN), and at the University of Washington (WA) where she earned a Masters in Architecture. She is well-known locally for her long-standing work and leadership on the ID4 and UD3 School Boards.

## ❖ The joy of clay

### *Introductory Pottery - Sculpture*

Time: 10:00am – 11:30am  
Dates: *Wednesdays: March 7, 14, 21, 28*  
Cost: \$100 (includes materials & transportation)  
Location: Middlebury Studio School, Mill Street  
Elderly Services van will transport



This hands-on class will give you the basic skills needed to create a simple sculpture out of terracotta clay. We'll draw on ancient cultures and different regions of the world for inspiration. Meets at Middlebury Studio School.

**Instructor: Kathy Clarke** began teaching pottery in 1992 at Frog Hollow Craft Center in Middlebury. In 2009, she helped to start the Middlebury Studio School. Her pottery education began at Royalton College and continued at Ruby O'Burke's studio in San Francisco, and Haystack Mountain School in Maine.

## ❖ Kale like you've never had it before!

### *Winter Salads*

Time: 9:45am - 11:30am  
Dates: *Mondays: March 19, 26*  
Cost: \$60  
Location: Elderly Services



Local chef Donna Seibert will amaze the palate with delicious winter salads that go far beyond lettuce. Come join us for discussion, instruction, observation, and – of course! – enjoyment of delectable fresh winter vegetables.

**Instructor: Donna Seibert** has been working as a chef at the Waybury Inn for over 30 years. She enjoys learning, sharing, experiencing new techniques, new tools and (need we mention?) eating!

# ESI College Registration Form

Winter, 2012

Name: \_\_\_\_\_  
Last First Middle Initial

Address: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_ E-Mail: \_\_\_\_\_

**Here are the courses I wish to take:**

Course Name: \_\_\_\_\_ Cost \_\_\_\_\_

Course Name: \_\_\_\_\_ Cost \_\_\_\_\_

Course Name: \_\_\_\_\_ Cost \_\_\_\_\_

Total = \_\_\_\_\_

Check Enclosed     Cash Enclosed     Credit Card, expir. date: \_\_\_\_\_

Mastercard or Visa# \_\_\_\_\_

☺ ⇒ **Please note: Concert Field Trip requires registration by Jan. 16!** ⇐ ☺

At least one week before class starts, please return the registration form to:

Ellen Barbera Elderly Services, Inc. PO Box 581 Middlebury, VT 05753
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**Questions?**  
Contact us at 802-388-3983 or  
college@elderlyservices.org

# ESI College

## *Winter 2012 Course Offerings!*

- ❖ **Mozart and Fauré Requiems ..... January 3 – 29**
- ❖ **Happiness ..... January 4 – 25**
- ❖ **The Art of Governing..... Jan. 6 – Feb. 17**
- ❖ **Vermont’s Geology..... Jan. 9 – Feb. 6**
- ❖ **Tales of an Army Paymaster..... Jan. 10 – Feb. 14**
- ❖ **The World We Face ..... January 25**
- ❖ ***Hare with the Amber Eyes*..... February 8 - 22**
- ❖ **Early Schools in Add. County..... Feb. 9 - 23**
- ❖ **Sculpture..... March 7 – 28**
- ❖ **Winter Salads..... March 19 - 26**
- ❖ **Home Computer Tutorials.....by appointment**

